

**St Paul's Early Learning Centre
Lunch Program ~ Sample Menu**

	Monday	Tuesday	Wednesday	Thursday	Friday		
	1. Stat Holiday Centre Closed	2. Snack -Cereal Lunch -Chicken noodle soup & biscuits Snack - Fruit & dip	3 Snack -Pancakes Lunch - Beef stir-fry & rice Snack -Trail mix	4. Snack -Oatmeal Lunch - quesadillas Snack - Veggies & dip	5. Snack - Blueberry scones Lunch - Chili Snack - rice cakes, cheese & apple slices		
	8. Snack -French toast Lunch - Fruit salad & yogurt Snack -Meat cheese & cracker	9. Snack -Muffins & cheese Lunch -Potato soup Snack -Fruit plate	10. Snack –Cereal Lunch - Mini pizza Snack - veggies & dip	11. Snack – Fruit Lunch -Sheppard's pie Snack -pancakes & jam	12. Snack - Oatmeal Lunch -Grilled cheese & cantaloupe slices Snack -pita chips & salsa		
	15. Snack -Fruit sauce Lunch -Ham & eggs Snack -veggies & dip	16. Snack -Cereal Lunch -spaghetti Snack -fruit & arrowroot	17. snack -Pancakes Lunch -Oriental Salad & chicken Snack -fruit & cream cheese dip	18. Snack -cheese Biscuits Lunch -Beef Chowmein Snack - Apples & wow butter	19. Snack - Cinnamon toast Lunch - Broccoli & cheese soup & Biscuit Snack -Yogurt		
	22. Snack -Fruit Lunch -Lasagna Snack - Oatmeal cookies	23. Snack -Muffins Lunch -Corn chowder & buns Snack -Cracker with egg salad	24. Snack -cereal Lunch -Hunter sandwiches Snack -Pudding	25. Snack - Cinnamon toast Lunch -Quiche Snack -Veggie plate & dip	26. Snack - Oatmeal Lunch -Potato salad & Ham slices Snack -Hummus & crackers		
	29. Snack -Lemon Load Lunch -Tuna Casserole Snack - Veggie plate	30. Snack -Cereal Lunch -Mushroom soup & crackers Snack - Sausage, cheese fingers & pickles					