

**Children's Circle Childcare Centre  
Lunch Program ~ Sample Menu**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>		
	1 <b>Stat Holiday Centre Closed</b>	2. <b>AM Snack</b> -Cereal w/milk <b>Lunch</b> - Vegetable soup <b>PM Snack</b> - Bananas & wafers	3. <b>AM Snack</b> - English muffins w/milk <b>Lunch</b> -Sloppy Joes & pickles <b>PM Snack</b> - Trail mix	4. <b>AM Snack</b> -Pancakes w/milk <b>Lunch</b> -Garlic sausage & pasta <b>PM Snack</b> - Veggies and wow butter dip	5. <b>AM Snack</b> - Cereal w/milk <b>Lunch</b> - Egg salad sandwiches & veggies <b>PM Snack</b> - Fruit		
	8. <b>AM Snack</b> - Yogurt & bananas <b>Lunch</b> -Spaghetti <b>PM Snack</b> - Apple sauce	9. <b>AM-Snack</b> - Fruit loaf w/milk <b>Lunch</b> - Hot beef on buns & veggies <b>PM Snack</b> - Frozen banana dipped in yogurt	10. <b>AM Snack</b> - Cereal w/milk <b>Lunch</b> - Chicken spinach tortillas & pickles <b>PM Snack</b> - Fruit	11. <b>AM Snack</b> -Cream of wheat w/milk <b>Lunch</b> -Turkey meatball soup <b>PM Snack</b> - Cheese & crackers	12. <b>AM Snack</b> - Pancakes w/milk <b>Lunch</b> -Chicken fried rice <b>PM Snack</b> - Veggies & dip		
	15. <b>AM Snack</b> -Muffins w/milk <b>Lunch</b> -Chili <b>PM Snack</b> - Veggies & dip	16. <b>AM Snack</b> - Cereal w/milk <b>Lunch</b> -Chicken stew <b>PM Snack</b> - Fresh fruit roll ups	17. <b>AM Snack</b> - Oatmeal w/milk <b>Lunch</b> -Taco salad <b>PM Snack</b> -Celery & cream cheese	18. <b>AM Snack</b> - Pancakes w/milk <b>Lunch</b> -Salmon, rice & veggies <b>PM Snack</b> -1/2 Fruit & ½ veggies	19. <b>AM Snack</b> -Cereal w/milk <b>Lunch</b> - Creamy bacon & potato soup <b>PM Snack</b> - Raisin cookies & apples		
	22. <b>AM Snack</b> – Cereal w/milk <b>Lunch</b> - Bannock & corn on the cob <b>PM Snack</b> - Veggies & dip	23. <b>AM Snack</b> - Scones w/milk <b>Lunch</b> -Cheese on buns & Caesar salad <b>PM Snack</b> -Butter tarts & orange slices	24. <b>AM Snack</b> - Oatmeal w/milk <b>Lunch</b> -Vegetarian lazy cabbage rolls <b>PM Snack</b> - Fruit	25. <b>AM Snack</b> -Cereal w/milk <b>Lunch</b> - Chef's creation <b>PM Snack</b> - Biscuits & raspberries	26. <b>AM Snack</b> -Pancakes w/milk <b>Lunch</b> -Beef noodle soup & crackers <b>PM Snack</b> - Cinnamon chips & dip		
	29.. <b>AM Snack</b> - Cinnamon toast w/milk <b>Lunch</b> – Sweet & sour chicken meatballs on noodles 1/2 <b>PM Snack</b> Fruit/vegs	30. <b>AM Snack</b> - Cereal w/milk <b>Lunch</b> - Macaroni & cheese <b>PM Snack</b> -Pita with strawberry cr cheese	<i>Did you know?</i>	<b>* Our pancakes are made with whole wheat flour</b>	<b>* Our apple sauce is made in our kitchen using fresh apples</b>		